

Brain Integration Technique

Can Improve Students' Grades and Lives



Pictured (l to r): Delia Whitehead, Certified Practitioner; Laura Fields, Certified Practitioner; and Samati Lynn Keehan, Ph.D.

*By Elisabeth F. Ruffner
Photo by Breeanya Hinkel*

Testimonials are mounting which laud the effectiveness of a new technique known as Brain Integration Technique (BIT). At Prescott Brain Integration three practitioners are presenting a treatment based on principles of applied physiology and acupressure which permanently, without drugs, correct the basic causes of Attention Deficit Disorder (ADD); Attention Deficit Hyperactivity Disorder (ADHD) formerly known as dyslexia; Post-Traumatic Stress Disorder (PTSD), and other learning difficulties, in children and adults.

Certified Practitioner Samati Lynn Keehan Ph.D., treats teens and adults, Certified Practitioner Laura Fields works with younger children, and Certified Practitioner Delia Whitehead treats all ages of clients.

Brain Integration as an active

intervention is a drug free, non-invasive solution first used in Europe, which most clients find enjoyable and soothing. There are today more than 70 practitioners in the United States who have been certified since 2005 in the procedures which were developed by Susan McCrossin in Australia in 1988.

The treatment identifies and corrects underlying problems of misrouting and the proper timing of information to the brain, clearing neural blocks and pathways and restoring necessary integration. The human brain performs extremely complicated electro-magnetic functions and may show symptoms of stress through the apparent "shutting down" of the logic or creative center. BIT essentially returns the brain to normal and receptive functioning. Adults and children are given the opportunity to resolve their difficulties in performing tasks or coping with situations which others find easy and natural.

Typical symptoms which this

therapy may cure or alleviate in adults and children are difficulty in paying attention, low self esteem, poor reading comprehension, difficulty with spelling and math, completing assignments, difficulty keeping ordinary tasks organized, impulsiveness, lack of understanding of cause and effect of certain actions, difficulty in retaining emotional control and responses in stressful situations, lack of progress in moving ahead in life and difficulty resolving ordinary living skills and avoidance of phobias and trauma.

Brain Integration treatment typically takes about 12 hours over several sessions and is a permanent solution. Most clients take no drugs after successful treatment.

Ruby was a child who suffered from multiple difficulties and was repeating a grade when she was first seen by Dr. Samati Lynn Keehan. Referred by the principal of her school in Prescott, she was experiencing many of the typical

**“I found Dr. Keehan
to be a highly effective and
supportive practitioner.
She made the experience fun,
interesting and encouraging.”
- Dr. Robert Zieve, MD**

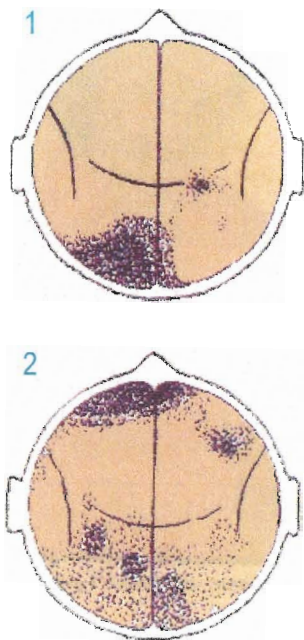


Figure 1 registers cortical activity in the brain of an ADD subject who, before treatment, shows no indication of frontal lobe activity (i.e. paying attention and the ability to reason) during decision-making.

Figure 2 shows significant frontal lobe activity present in the same subject's decision-making after receiving BIT.

symptoms of children who have been helped with brain integration therapy. After her course of treatment, she was reading fluently and understanding the concepts of math with ease unknown to her earlier. Her social skills and attention span are now typical of her age and she is happy in school and at home.

Other health professionals in the community who have received BIT or who have observed brain integration techniques with their patients, report success, and have offered to give references for the treatment. These practitioners include Dr. Robert Zieve MD, of the Pine Tree Clinic, who has advanced training in chronic neurologic disorders; Ruth Backway of Backways Physical Therapy, Jean Painter of Harmony Integrative Medicine; and Laurie Tetrault MA, LMFT. Gudrun Miller, a local therapist frequently refers clients to the Prescott Brain Integration group.

Adults & Teens

Samati Lynn Keehan, PhD
928 771 0602
lynn@prescottbi.com

Younger Children

Laura Fields
928 445 0904
laura@prescottbi.com

All Ages & Strokes

Delia Whitehead
928 830 9701
delia@prescottbi.com

Brain Integration Technique

(Continued from page 73)

Testimonials offered to the Prescott Brain Integration group include statements from Rene Raskin, Chief Financial Officer of Prescott Unified School District #1, “Since my son no longer needs ADHD drugs or private tutoring after BIT, it will pay for itself quickly”; from client Dr. Robert Zieve MD, who reports “I found Dr. Keehan to be a highly effective and supportive practitioner. She made the experience fun, interesting and encouraging”.

Ron Barnes, Ed.D., retired professor, author and educational consultant states “This is the most significant breakthrough in helping kids overcome learning difficulties that I have ever come across in my entire career”.

Laura Fields, Brain Integration practitioner, reports working with “Grace” who in the fifth grade was failing in all subjects. Her mother observed that she studied long and hard on homework and still didn’t achieve passing grades. After her sessions of brain integration treatment Grace “completely turned her grades around”, became more assertive and spoke with clarity and confidence in performing in a school play.

Delia Whitehead, also a certified brain integration practitioner worked with a client “Joy”, who came to her without diagnosis and appeared to be a successful woman. She observed that her husband had been “integrated” and as she witnessed the ongoing changes in his life, presented herself for treatment. She had been struggling all her life with frequently debilitating insecurity, fear and difficulty in making even minor decisions. Six months after her treatment Joy reported changes in her lifestyle and attitudes completely different from her earlier struggles, with subtle changes which have left her more receptive others and more able to follow through on all tasks in her busy life.

www.prescottbi.com